# 7 bodyswaps

## **CHANGING CONVERSATIONS ABOUT RACE** WITH IMMERSIVE LEARNING

Results from over 2,000 students and staff sessions in Bodyswaps' antiracism training modules confirm the effectiveness of immersive learning as a pedagogical tool for transforming behavior.

#### **Learners' Feedback**

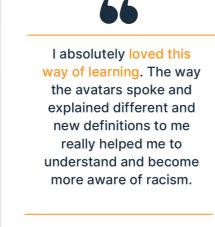


**EFFECTIVENESS** find learning with Bodyswaps more effective than traditional methods.

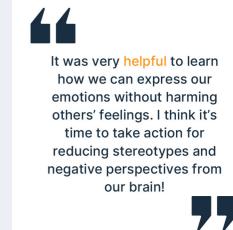
**RECOMMENDATION** would recommend the experience to their peers.

#### Students said...





I found the experience to be fun and different as well as educational all at once. It was a good way to demonstrate real world issues and experiences.

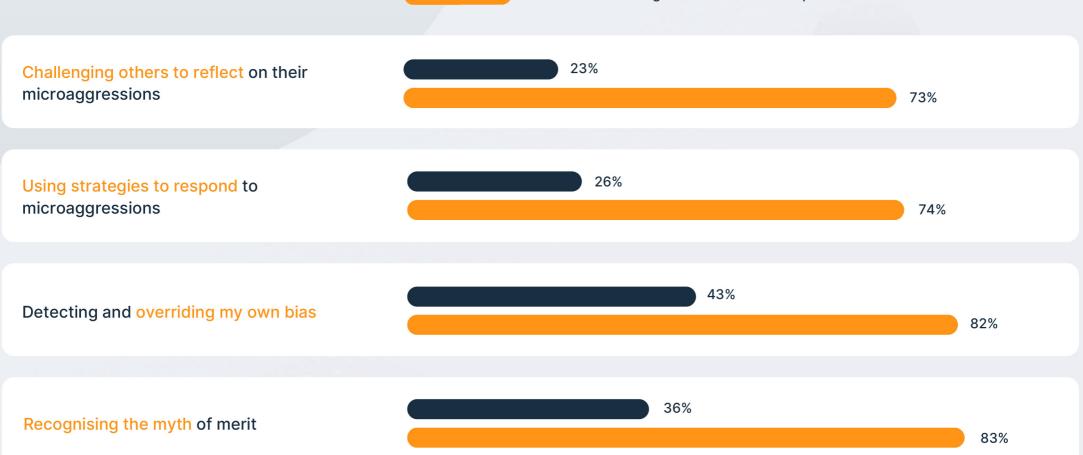


**Michele Nadia** Sowon





% of students feeling confident before VR experience % of students feeling confident after VR experience



### **Testimonials**

When using this with my class, my students found it really thought provoking. It was a great tool to have them open up and interrogate the race based assumptions they participate in and how to become an ally in a non judgemental, safe environment.

> **Charlene Dustan** Co-chair of George Brown College's Anti-

> > Racism Equity Advisory Board

perfect resource to support assignment after sessions on Oppression. It provided my students opportunities to reflect confident to talk about race and to challenge biases and microaggression.

> **Gail Howard** Professor at George Brown College



www.bodyswaps.co

